

LLAMA TREK EQUIPMENT LIST

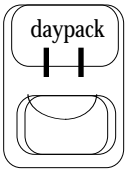
As you pack for your vacation with us, please keep in mind that mountain weather is unpredictable and you may experience the full range of weather conditions during your trek. Our trips involve hiking at elevations ranging from 4,000 to 8,500 ft. Days are often warm (70 - 85 °) and yet frost is possible any night of the year. Layered clothing is best for backcountry travel.

Wool or fleece over polypropylene or silk has proven an excellent combination for a variety of conditions. If you do not pack the proper clothing, you will be cold. Cotton alone does not keep you warm, especially when wet

Packing Information: Each llama will carry 20 lbs. of your gear including your sleeping bag. You will receive a llama pack bag of your own for the trek. Each llama will carry two of these bags and will also be top-packed with a portion of the group gear such as tents and sleeping pads. Average dimensions of pack bags are 20 in. wide, 12 in. deep, and 18 in. high. While pack bags are constructed of coated cordura and can be covered with water resistant tarps, we cannot guarantee that items within will stay absolutely dry on a stormy day, so we recommend that you bring a large garbage bag to line your pack bag. Pack your clothes and personal gear in a nylon duffel bag or stuff sack (nylon bag with drawstring closure). Bring your sleeping bag in a separate stuff sack. Weigh your packed stuff sacks while standing on your bathroom scales before leaving home. Please remember that space and weight are limited on the llamas. They will carry up to 20 pounds of your gear and any excess will be your burden.

ESSENTIAL: ___ 1 pr. Hiking Boots — *well broken in with good ankle support*

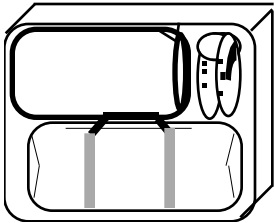
IN YOUR DAY PACK: sturdy enough to comfortably carry your lunch, the items listed below, & optional items such as camera and binoculars



- ___ 1 qt. water bottle with tight lid
- ___ hat/visor and 1 or 2 bandanas
- ___ wool stocking cap & mittens
- ___ insect repellent
- ___ sunscreen & sunglasses
- ___ rain coat and rain pants
- ___ 1 or 2 small (1 qt.) plastic bags
- ___ personal first aid kit (moleskin, bandaids & personal medications)

IN YOUR LLAMA PACK BAG: ___ warm sleeping bag - rated to 20° or lower, packed in stuff sack
___ 1 pair camp shoes, running shoes are good

Llama pack bag w/
shoes, sleeping bag
& gear duffel



Gear duffel or nylon stuff sack containing:

- ___ 3-4 pair socks, wool recommended
- ___ 1 long sleeved shirt
- ___ 1-2 pair shorts
- ___ 1 pair long pants - Note: Denim jeans not recommended- they are heavy and are useless if they get wet. Fleece, nylon/supplex or lightweight wool pants are better.
- ___ towel
- ___ flashlight or headlamp w/ extra batteries
- ___ 1-3 t-shirts
- ___ 1 warm sweater or fleece vest
- ___ long underwear, tops & bottoms
- ___ roll of toilet paper
- ___ toilet articles
- ___ swimsuit

BRING A LARGE GARBAGE CAN-SIZED PLASTIC BAG TO LINE PACK BAG IN CASE OF RAIN

OPTIONAL EQUIPMENT:

- ___ Sturdy sandals for creek crossings and lake wading (recommended for some treks - see itinerary)
- ___ Fishing gear (Oregon License required if 12 or older)
- ___ Binoculars
- ___ Extra trail snack (we supply about 1 lb. of nut mix/snacks)
- ___ Camera (bring extra battery) & film
- ___ Nylon windbreaker
- ___ Crazy Creek-type collapsible camp chair or sit mat

Please note:

We provide a hanging handwashing bag (Sunshower) and biodegradable soap for group handwashing needs in camp. We do not use any soaps (biodegradable or other) in wilderness lakes or streams and request the same of our guests.

We provide a 3/4 length, 1 1/2 inch foam sleeping pad for each guest who does not have their own pad. You are welcome to bring your own Thermarest pad if you wish, and it does not apply to your 20 lb. weight limit. If you bring an inflatable air mattress, you must include its weight in your 20 lb. limit. Space limitations require that we limit the llama's load to one pad per guest, ours or yours. Please don't ask us to make an exception.

We provide spacious North Face tents that will be shared by two participants. If you would like to bring your own backpack style tent it must weigh less than 7 lbs. for a single, 10 lbs. for two people sharing.